

 [What's Behind The Surge In Suicide Attempts Among Canada's Indigenous Population by Ajmarsella](#) by Louise S. [2016, Apr 23]

I was reading this article on Huffington Post, and I thought you might be interested in reading it, too.

What's Behind The Surge In Suicide Attempts Among Canada's Indigenous Population

http://www.huffingtonpost.com/2016/04/13/canada-indigenous-suicide-crisis_n_9708490.html

DOWNLOAD_HUFFPOST

Anthony J. Marsella, Ph.D., Professor Emeritus, University of Hawaii, Honolulu, Hawaii 96822.

Show, by your actions, that you choose peace over war, freedom over oppression, voice over silence, service over self-interest, respect over advantage, courage over fear, cooperation over competition, action over passivity, diversity over uniformity, and justice over all.

Hildegarde of Bingen (1098-1179)

Sacred Words: I am that supreme and fiery force that sends forth all living sparks. Death hath no part in me, yet I bestow death, wherefore I am girt about with wisdom as with wings. I am that living and fiery essence of the divine substance that glows in the beauty of the fields, and in the shining water, and in the burning sun and the moon and the stars, and in the force of the invisible wind, the breath of all living things, I breathe in green grass and in the flowers, and in the living waters. . . . All these live and do not die because I am in them. . . . I am the source of the thundered word by which all creatures were made, I permeate all things that they may not die. I am life!

 [Comment by Maureen O'Hara](#) by Louise S. [2016, Apr 23]

One comment: "It's going to be based on how fast the action will occur, how much the government will veer away from its old top-down approach and actually include us in discussions that will affect our lives."

Our colleagues in Scotland partner with NUKA, an Alaskan health care systems that does exactly that. <https://www.southcentralfoundation.com/My> colleagues in International Futures Forum have now introduced indigenous health

practices based in local culture to health care in Scotland.

Southcentral Foundation | Alaska Native People Shaping ...
www.southcentralfoundation.com

Recipient of 2011 Malcolm Baldrige National Quality Award. The
nation's only Presidential award for performance excellence

Maureen O'Hara Ph. D.
Professor of Psychology
Lead, BS in Organizational Behavior
National University
11255 N. Torrey Pines Road
La Jolla, CA 92037
760 889 9493 (mobile)
858 642 8464

PS.

Dan Coates on Crisis with Indigenous People

More insight on mental health crisis in Canada's Indigenous peoples
from Dan Coates and his friend and colleague Rarihokwats

From: Coates
Sent: Monday, April 18, 2016 3:01 AM
To: Maureen O'Hara
Cc: Rarihokwats
Subject: Dan Coates on Crisis with Indigenous People

Thanks Maureen for this piece. A far more valuable picture is captured
in my very dear friend's penultimate draft of his regular e-notes which
he just provided late last night for me to circulate to you and Meridian
colleagues. It will be released later this morning to several thousand
readers. You know of Rari from our past exchanges on Canada's
indigenous people and his selfless and remarkable work on behalf of
indigenous people in both North and South America over half a Century.
Perhaps you could circulate his E-Notes attachment to others.

Dan

----- Forwarded Message -----

Subject: 20160417 section I: More Northern Communities Declare Suicide
Crisis, Health Crisis, House Fires Crisis
Date: Sun, 17 Apr 2016 23:23:03 -0400
From: Rarihokwats mailto:fourarrows2016@gmail.com

 [e-notes 20160413-3 section I](#)



<e-notes> from fourarrows@outlook.com
17 April 2016 Edition



Section I

More Northern Communities Declare Suicide Crisis, Health Crisis, House Fires Crisis

***A Four Arrows Summary of What's Happening,
Prepared for Sharing With and By Treaty 8 Alberta First Nations***